# Friday 3rd July

Remember during lockdown it's important to keep active whenever you can.

This month, lets try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! ©

| T |                          |                            |                         |                          |   |                        |                            |
|---|--------------------------|----------------------------|-------------------------|--------------------------|---|------------------------|----------------------------|
| [ | T.                       | 2                          | 3                       | 4                        | 5                                       | 6                      | 7                          |
|   | Do some <b>sit ups</b> : | Do some <b>star</b>        | Practise balancing      | Pactise balancing        | Have a <b>jog</b> around:               | Create your <b>own</b> | <b>Teach</b> the people at |
|   | Bronze: 10 sit ups       | jumps:                     | on <b>right</b> leg:    | or left leg:             | Bronze: 5 minutes                       | throwing and           | home <b>your game</b>      |
|   | Silver: 20 sit ups       | Bronze: 20 times           | Bronze: I minute        | B onze: I minute         | Silver: 10 minutes                      | catching game!         | and see who scores         |
|   | Gold: 40 sit ups         | Silver: 30 times           | Silver: 2 minutes       | Silver: 2 minutes        | Gold: 15 minutes                        |                        | the most points!           |
|   |                          | Gold: 50 times             | Gold: 3 minutes         | Gold: 3 minutes          |   |                        |                            |
|   | 8                        | 9                          | 10                      | H                        | 12                                      | 13                     | 14                         |
|   | Do some <b>burpees</b> : | Try and do some            | Careium, ur, and do     | See how many tuck        | Push ups!                               | Use a pack of cards    | Compete against            |
|   | Bronze: 10 burpees       | mountain                   | a plank:                | jumps you can do in      | Bronze: 10 push ups                     | and create a game      | someone at home            |
| † | Silver: 15 burpees       | climbers:                  | Bronze: 30 seconds      | a row:                   | Silver: 15 push ups                     | involving different    | to see who can             |
|   | Gold: 20+ burpees        | Bronze: 10 times           | Silver: 45 seconds      | Bronze: 10 jumps         | Gold: 20+ push ups                      | exercises and the      | complete more              |
|   |                          | Silver: 20 times           | Gold: 60+ seconds       | Silver: 20 jumps         |   | different suits!       | exercises in a given       |
|   |                          | Gold: 30+ times            |                         | Gold: 30 jumps           |   |                        | time.                      |
| Ť | 15                       | 16                         | 17                      | 18                       | 19                                      | 15                     | 16                         |
|   | Try and do some          | Do some <b>lunges</b> on   | Do a wall sit –         | <b>Squat</b> – count how | High knees – Keep                       | Challenge yourself to  | Practise those yoga        |
|   | crunches:                | both legs:                 | remember, stay still:   | many squats you can      | going without                           | learning some          | skills your learned        |
|   | Bronze: 10 crunches      | Bronze: 10 each leg        | Bronze: 20 seconds      | safely do in a minute:   | stopping                                | new yoga posts –       | and see if you can         |
|   | Silver: 20 crunches      | Silver: 20 each leg        | Silver: 30 seconds      | Bronze: 10 squats        | Bronze: 30 seconds                      | watch a Youtube        | balance for longer         |
|   | Gold: 30 crunches        | Gold: 30 each leg          | Gold: 60 seconds        | Silver: 15 squats        | Silver: 50 seconds                      | video to help.         | than you did               |
|   | 22                       | 23                         | 24                      | Gold: 20+ squats 25      | Gold: I + minute 26                     | 27                     | yesterday.<br>28           |
|   | Try doing some           | Do some <b>shuttle</b>     | Hop on the spot:        | Hopscotch until          | Try safely to do                        | Go outside and be      | Use your outdoor           |
|   | scissor kicks:           | runs:                      | Bronze: 10 each leg     | you need to stop         | some jump squats                        | active with someone    | time to <b>jump</b> over   |
|   | Bronze: 30 seconds       | Bronze: 15 runs            | Silver: 25 each leg     | Bronze: 30 seconds       | in a minute:                            | from your house.       | things, <b>balance</b>     |
|   | Silver: 45 seconds       | Silver: 30 runs            | Gold: 50 each leg       | Silver: 45 seconds       | Bronze: 10 squats                       | Go for a run or a      | along things and           |
|   | Gold: 60+ seconds        | Gold: 50 runs              | <b>3014.30</b> Cuch 108 | Gold: 2 minutes          | Silver: 15 squats                       | walk!                  | move in different          |
|   | 00.2, 00 000020          |                            |                         |                          | Gold: 20+ squats                        |                        | ways.                      |
| ļ | 29                       | 30                         |                         |                          |   |                        |                            |
|   | Try <b>hurdling</b> over | <b>Step jumps</b> – find a |                         |                          | • |                        |                            |
|   | something (or just       | step and jump up and       | iry eac                 | n ot these act           | ivities with th                         | ne people you          | re with!                   |
|   | jumping!):               | down on it safely:         | Challenge 1             | vourself to a            | et as many br                           | onze/silver/g          | olds as vou                |

can! Keep track and celebrate your achievements!

Remember it is important to stay active and healthy!

Bronze: I minute

Silver: 3 minutes

Gold: 5 minutes

Bronze: 10 times

Silver: 20 times

Gold 40+ times

## English Lesson 5- Revision- Using an apostrophe to show possession

#### Using an apostrophe to show possession

- 'Possession' means belonging to someone or something. When we have or own something we say we possess it.
- We can show that someone possesses something by adding an apostrophe (') and an s to their name.
- \* The black geese that belong to Baba Yaga are Baba Yaga's geese. \*Woodpecker's tree is the free that belongs to Woodpecker.
- \*The wheels on the Library van are the van's wheels.
- \*The dog's collar is the collar that the dog wears.

#### Here are some reminders to help you

- Showing possession, the apostrophe and s always come after the person's name.
- Woodpecker's tree CORRECT
- Woodpecke'rs tree NOT CORRECT
- Woodpeckers' tree NOT CORRECT
- The apostrophe always goes high up between the name and the s, not down on the line like a comma.
- Woodpecker's tree CORRECT
- Woodpecker, s tree NOT CORRECT
- Remember! Plural words (when we have more than one of something) like dogs, cats, vans, trees, end in an s but do not need an apostrophe. There is no possession.
- Three goats were in the story.

## Questions to answer

- 1. Find the possessive apostrophe +s in these sentences:
- · Woodpecker's tail has red feathers.
- Woodpecker looked at the fox's eyes, which were glittering.
- The book, which was Chicken Licken's, looked heavy.

# • 2. Add a possessive apostrophe in the right place in these sentences:

- The mouses whiskers twitched with pride.
- · His tail was long, but not as long as rats tail.
- The cat looked at the dogs paws with alarm.

# 3. Mark these sentences right or wrong depending on whether the apostrophe + s has been used correctly or not.

- 1. Woodpecker's home is tidy and clean.
- 2. It was time for the Library vans visit.
- 3. Grasshoppe'rs legs are extremely long.
- 4. Hare, s ears hear everything.
- 5. It is time for Woodpecker's story to be told!
- \*Where it's WRONG, rewrite the apostrophe word so that it is now correct.
- \*Now check with the Answers page to see how you did!

# Spend some time learning your spellings.

You could:

- Write the word out 5 times.
- Get a grown-up/older sibling to test you verbally.
- Write each word in fancy letters and colour them in like rainbow words.
- Write out each spelling into a sentence.

#### Today's words are:

- \*hospital
- \*metal
- \*pedal
- \*musical
- \*petal
- \*final

## Mental Maths (10-4-10) Questions

$$3.6 \times 4 =$$

$$4.24 \div 4 =$$

$$6.72 - 40 =$$

$$7.6 \times 5 =$$

8. 
$$40 \div 5 =$$

$$9.63 + 24 =$$

$$10.78 - 26 =$$

$$17.71p - 32p =$$

18. 
$$\frac{1}{2}$$
 of 8 =

19. 
$$\frac{1}{3}$$
 of 30 =

# <u>Maths Home Learning - Problem solving Friday (RISE)</u>

#### Question 1:

Billy is comparing strawberries, cherries and apples.

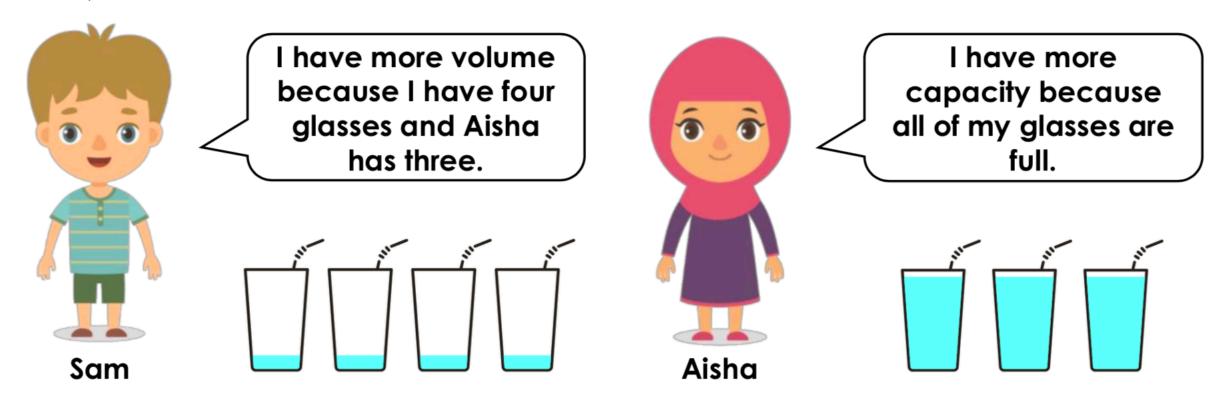
He thinks the strawberries are the heaviest. Is Billy correct? Explain how you know.





# Maths Home Learning - Problem solving Friday (RISE)

#### Question 2:



Who is correct? Explain your answer.



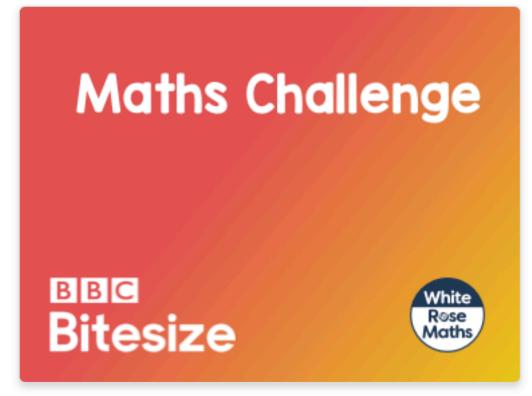
## <u>Maths Home Learning</u> <u>Problem solving Friday (RISE) - EXTRA CHALLEGE!</u>

Are you up for some more maths?

If so, check out the Friday Maths
Challenge in the White Rose Year 2 Home
Learning section for this week,
<a href="https://whiterosemaths.com/homelearning/year-2/">https://whiterosemaths.com/homelearning/year-2/</a>

Once you're done, you can also download yourself a certificate and record your score!

#### Friday Maths Challenge



# PSHE: Joyful June



Home Learning

# Make a play list of your favourite songs. Then have a listen, sing or a dance to them.



#### English answers

#### 1. Highlight the possessive apostrophe +s in these sentences:

Woodpecker's tail has red feathers.

Woodpecker looked at the fox's eyes, which were glittering.

The book, which was Chicken Licken's, looked heavy.

#### 2. Add a possessive apostrophe in the right place in these sentences:

The mouse's whiskers twitched with pride.

His tail was long, but not as long as rat's tail.

The cat looked at the dog's paws with alarm.

#### English answers part 2

3. Mark these sentences right or wrong depending on whether the apostrophe + s has been used correctly or not.

Woodpecker's home is tidy and clean. Right!

It was time for the Library vans visit. Wrong! van's

Grasshoppe'rs legs are extremely long. Wrong! Grasshopper's

Hare, s ears hear everything. Wrong! Hare's

It is time for Woodpecker's story to be told! Right!

### Mental Maths (10-4-10) Answers

4. 
$$24 \div 4 = 6$$

$$5.46 + 32 = 78$$

$$6.72 - 40 = 32$$

7. 
$$6 \times 5 = 30$$

8. 
$$40 \div 5 = 8$$

9. 
$$63 + 24 = 87$$

$$12.50 - 38 = 12$$

16. 
$$66p + 90p = £1.56 \text{ or } 156p$$

18. 
$$\frac{1}{2}$$
 of 8 = 4

19. 
$$\frac{1}{3}$$
 of 30 = 10

# Maths Home Learning - Problem solving Friday (RISE)

#### Answer 1:

Billy is incorrect.

The apples are the heaviest because they have weighed down the scales further.





# Maths Home Learning - Problem solving Friday (RISE)

#### Answer 2:

Aisha is correct.

She may have less cups, but her cups are completely full.

Sam has four cups, but they only have a small amount of water in them.

