## Friday $3^{\text {rd }}$ July

Remember during lockdown it's important to keep active whenever you can.

This month, lets try something a little bit different!

Each day you will be se $\dagger$ a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! :

| I <br> Do some sit ups: Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups | 2 <br> Do some star jumps: <br> Bronze: 20 time Silver: 30 times Gold: 50 times | Practise balancing on right leg: <br> Bronze: I minute Silver: 2 minutes Gold: 3 minutes | Pactise balancing - left leg: B onze: I minute Iver: 2 minutes Gold: 3 minutes | 5 <br> Have a jog around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes | 6 Create your own throwing and catching game! | $7$ <br> Teach the people at home your game and see who scores the most points! |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8 <br> Do some burpees: Bronze: 10 burpees Silver: 15 burpees Gold: $20+$ burpees | 9 <br> Try and do some mountain climbers: <br> Bronze: 10 times Silver: 20 times Gold: 30+ times | a plank: <br> Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds | 11 <br> See how many tuck jumps you can do in a row: <br> Bronze: 10 jumps <br> Silver: 20 jumps <br> Gold: 30 jumps | 12 <br> Push ups! <br> Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups | 13 <br> Use a pack of cards and create a game involving different exercises and the different suits! | 14 <br> Compete against someone at home to see who can complete more exercises in a given time. |
| 15 <br> Try and do some crunches: <br> Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches | 16 <br> Do some lunges on both legs: <br> Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg | 17 <br> Do a wall sit remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds | 18 <br> Squat - count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats | 19 <br> High knees - Keep going without stopping <br> Bronze: 30 seconds Silver: 50 seconds Gold: I+ minute | 15 <br> Challenge yourself to learning some new yoga posts watch a Youtube video to help. | 16 <br> Practise those yoga skills your learned and see if you can balance for longer than you did yesterday. |
| 22 <br> Try doing some scissor kicks: Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds | 23 <br> Do some shuttle runs: <br> Bronze: 15 runs Silver: 30 runs Gold: 50 runs | 24 <br> Hop on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg | 25 <br> Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes | 26 <br> Try safely to do some jump squats in a minute: <br> Bronze: 10 squats <br> Silver: 15 squats <br> Gold: $20+$ squats | 27 <br> Go outside and be active with someone from your house. Go for a run or a walk! | 28 <br> Use your outdoor time to jump over things, balance along things and move in different ways. |
| 29 <br> Try hurdling over something (or just jumping!): <br> Bronze: I minute Silver: 3 minutes Gold: 5 minutes | 30 <br> Step jumps - find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold 40+ times | Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy! |  |  |  |  |

## English Lesson 5- Revision- Using an apostrophe to show possession <br> Using an apostrophe to show possession

- 'Possession' means belonging to someone or something. When we have or own something we say we possess it.
- We can show that someone possesses something by adding an apostrophe (') and an sto their name.
*The black geese that belong to Baba Yaga are Baba Yaga's geese.
*Woodpecker's tree is the free that belongs to Woodpecker.
*The wheels on the Library van are the van's wheels.
*The dog's collar is the collar that the dog wears.

Here are some reminders to help you

- Showing possession, the apostrophe and s always come after the person's name.
- Woodpecker's tree CORRECT
- Woodpecke'rs tree NOT CORRECT
- Woodpeckers' tree NOT CORRECT
- The apostrophe always goes high up between the name and the $s$, not down on the line like a comma.
- Woodpecker's tree CORRECT
- Woodpecker,s tree NOT CORRECT
- Remember! Plural words (when we have more than one of something) like dogs, cats, vans, trees, end in an s but do not need an apostrophe. There is no possession.
- Three goats were in the story.


## Questions to answer

1. Find the possessive apostrophe $+s$ in these sentences:

- Woodpecker's tail has red feathers.
- Woodpecker looked at the fox's eyes, which were glittering.
- The book, which was Chicken Licken's, looked heavy.
- 2. Add a possessive apostrophe in the right place in these sentences:
- The mouses whiskers twitched with pride.
- His tail was long, but not as long as rats tail.
- The cat looked at the dogs paws with alarm.


## 3. Mark these sentences right or wrong depending on whether the apostrophe $+s$ has been used correctly or not.

1.Woodpecker's home is tidy and clean.
2. It was time for the Library vans visit.
3.Grasshoppe'rs legs are extremely long.
4. Hare,s ears hear everything.
5.It is time for Woodpecker's story to be told!
*Where it's WRONG, rewrite the apostrophe word so that it is now correct.
*Now check with the Answers page to see how you did!

## Spend some time learning your spellings.

You could:

- Write the word out 5 times.
- Get a grown-up/older sibling to test you verbally.
- Write each word in fancy letters and colour them in like rainbow words.
- Write out each spelling into a sentence.

Today's words are:
*hospital
*metal
*pedal
*musical
*petal
*final

Mental Maths (10-4-10) Questions

1. $44+9=$
2. $37-19=$
3. $6 \times 4=$
4. $24 \div 4=$
5. $46+32=$
6. $72-40=$
7. $6 \times 5=$
8. $40 \div 5=$
9. $63+24=$
$10.78-26=$
10. $\ldots+30=51$
11. $50-\ldots=12$
12. $--23=30$
13. $100-16=$
14. $100-\ldots=89$
15. $66 p+90 p=$
16. $71 p-32 p=$
17. $\frac{1}{2}$ of $8=$
18. $\frac{1}{3}$ of $30=$
$20.6 \times$ $\qquad$ $=36$

## Maths Home Learning - Problem solving Friday (RISE)

## Question 1:

Billy is comparing strawberries, cherries and apples.

He thinks the strawberries are the heaviest. Is Billy correct?
Explain how you know.


## Maths Home Learning - Problem solving Friday (RISE)

Question 2:


Who is correct? Explain your answer.

## Maths Home Learning Problem solving Friday (RISE) - EXTRA CHALLEGE!

Are you up for some more maths?

If so, check out the Friday Maths Challenge in the White Rose Year 2 Home

Friday Maths Challenge Learning section for this week, https://whiterosemaths.com/homelearning lyear-2/

Once you're done, you can also download yourself a certificate and record your score!

## Maths Challenge

## B|BC <br> Bitesize

## PSHE: Joyful June



## Make a play list of your favourite songs. Then have a listen, sing or a dance to them.

## English answers

1. Highlight the possessive apostrophe $+s$ in these sentences:

Woodpecker's tail has red feathers.
Woodpecker looked at the fox's eyes, which were glittering.
The book, which was Chicken Licken's, looked heavy.
2. Add a possessive apostrophe in the right place in these sentences:

The mouse's whiskers twitched with pride.
His tail was long, but not as long as rat's tail.
The cat looked at the dog's paws with alarm.

## English answers part 2

3. Mark these sentences right or wrong depending on whether the apostrophe $+s$ has been used correctly or not.

Woodpecker's home is tidy and clean. Right!
It was time for the Library vans visit. Wrong! van's
Grasshoppe'rs legs are extremely long. Wrong! Grasshopper's
Hare,s ears hear everything. Wrong! Hare's
It is time for Woodpecker's story to be told! Right!

Mental Maths (10-4-10) Answers

1. $44+9=\underline{53}$
2. $37-19=\underline{18}$
3. $6 \times 4=\underline{24}$
4. $24 \div 4=\underline{6}$
5. $46+32=\underline{78}$
6. $72-40=\underline{32}$
7. $6 \times 5=\underline{30}$
8. $40 \div 5=\underline{8}$
9. $63+24=87$
$10.78-26=\underline{52}$
10. $21+30=51$
11. $50-\underline{38}=12$
12. $53-23=30$
13. $100-16=\underline{84}$
14. $100-\underline{11}=89$
15. $66 p+90 p=£ 1.56$ or $156 p$
16. $71 p-32 p=39 p$
17. $\frac{1}{2}$ of $8=\underline{4}$
18. $\frac{1}{3}$ of $30=\underline{10}$
$20.6 \times \underline{6}=36$

## Maths Home Learning - Problem solving Friday (RISE)

Answer 1:
Billy is incorrect.
The apples are the heaviest because they have weighed down the scales further.


## Maths Home Learning - Problem solving Friday (RISE)

## Answer 2:

Aisha is correct.
She may have less cups, but her cups are completely full.
Sam has four cups, but they only have a small amount of water in them.


